

**بِسْمِ اللَّهِ  
الرَّحْمَنِ الرَّحِيمِ**

**In the Name of Allah,**

**The Entirely Merciful,  
The Especially Merciful**

**How to attain  
Barakah( from Allah)**

**Compilation**

EDRIS KIBALAMA

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“Your writing is both inspirational and  
motivating...”

Halima Sarki

Abuja Nigeria

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## **Introduction**

### **Bismillahirrahmaanirraheem**

In The Name of Allah, The Entirely  
Merciful, The Especially Merciful

This is a book about How to attain  
Barakah( from Allah)- Compilation-  
by the will of Allah.

Source: Madrasatuna

## **Text(Matn)**

### **Bismillahirrahmaanirraheem**

In The Name of Allah, The Entirely  
Merciful, The Especially Merciful



Alhamdulillah wassalaatu wassalam  
'alaa Rasuulillah

All praises be to Allah and  
salutations and peace be upon the  
Prophet Muhammad, His Family, His  
Companions and all those that follow  
him until the day of Judgement

To proceed

## BARAKAH

Barakah does not exist in anything except that it is increased beyond normal expectations.

If you are endowed with Barakah, you will accomplish a great deal in less time, achieve more with little/no resources, and endure laborious activities with minimal effort.

How does one attain Barakah?

Here is the first way to attain  
Barakah:

**1. Say Bismillah before starting:**

Allah is blessed in His Essence, so  
too are His Names and Attributes:

Allah says:

“Blessed is Allaah, Lord of the  
worlds.”

[Surah Al-A-râf: 54]

And He( Allah) says:

“Blessed are the Names of your  
Lord”

[Surah Ar-Rahmân: 78]

Barakah comes from Allaah alone, so it should only be sought from Him.

This is why we mention Allaah's Name before commencing a task.

We do this before eating, drinking, undressing, leaving and entering the

home etc etc, as taught by the  
Prophet صلى الله عليه وسلم.

Here is the second way to attain  
Barakah:

## **2. Purify your intention**

Sincere intentions increase the  
reward of deeds exponentially.

The Prophet ( ﷺ ) said:

“Deeds are based on intentions, and everyone will be rewarded according to their intentions.”

[Muslim]

What's more, good intentions can turn normal day to day tasks into mountains of reward.

The Prophet ( ﷺ ) said:

“When a man spends on his family,  
HOPING FOR REWARD, that is  
(counted as) an act of charity for  
him.”

[Bukhari]

Don't you not want to be rewarded  
for engaging in something as  
relaxing as sleeping.



Did you know that if you go to sleep with a good intention, you will be rewarded?

Mu'adh ( رَضِيَ اللَّهُ عَنْهُ ) (one of the most knowledgeable Companions of the Prophet) ( صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ ) ( وَسَلَّمَ ) said:

“As for me, then I sleep and then get up. I sleep seeking Allah's reward for

my sleep just as I seek His Reward  
for my standing (in the night  
prayer)."

[Bukhari]

This is a wide door of opportunity  
that extends beyond shopping and  
sleeping. It includes every Mubah  
(allowable) activity, such as eating,  
drinking, talking, exercising.

Here is the third way to attain

Barakah:

### **3. Recite the Qur-aan frequently**

The Qur-ān is an Attribute of Allaah.

Allah's Attributes are all blessed

Allaah( 'Azza wa Jall) says regarding  
the Qur'ān:

“This is a Book that We have  
revealed, full of Barakah...” ( 38:29)  
[ Surah Al-An`âm: 155]

Everything connected to the Qur`ān  
is blessed:

1. The angel who brought it down  
( Jibrael) is the best angel

2. The Messenger to whom it was revealed (Muhammad ﷺ) is the best Messenger

3. The month in which it was revealed ( Ramadan) is the best month

4. The night in which it was revealed ( Laylatul Qadr) is the best night

5. So what about the one who  
recites, reflects, studies,  
implements, and teaches the Qur-  
ān?

One of the Salaf said;

“ The more my portion of the Qur-  
aan, the more the blessing in my  
time, and I continued to increase my  
portion until it reached ten Ajzaa-  
( chapters)”

Similarly, when Adh-Dhiyaa' Al-Maqdisi wanted to travel to seek knowledge, Ibrahim Ibn AbdilWaahid Al-Maqdisi [ D. 614 brother of AbdulGhaniy Al-Maqdisi] counselled him saying:

“Increase in reading the Qur-aan and do not leave it off; for indeed that which you seek will become easier

for you in proportion to how much you read.”

Adh-Dhiyaa' said: “So I saw that and experienced it a lot; whenever I read a lot, it would become easier for me to listen to and write down a lot of hadeeth, and if I did not read, it would not be easy for me.” [ Dhayl Tabaqqat Al-Hanaabilah ( 3/205)]



Here is the fourth way to attain  
Barakah:

#### **4. Increase in Dhikr**

Fatimah radhiyallahu 'anha, the  
beloved daughter of the Prophet صلى  
الله عليه وسلم, once came and  
complained to her father about  
excessive household work and  
requested a slave ( to assist with  
household chores). Her hands were

blistered from grinding the flour in the mill. Later that evening, the Prophet صلى الله عليه وسلم went to her house. 'Alii radhiyallahu 'anhu, Fatimah's husband was also at home. The Prophet صلى الله عليه وسلم layed down between them and asked them:

“Should I not direct you to something even better than a servant?”

“When you go to sleep say:

‘SubhanAllah’ 33 times,  
‘Alhamdulillaah’ 33 times, and  
‘Allaahu Akbar’ 34 times.

It will be better for you than a  
slave.” [Bukhaari]

Here is the fifth way to attain

Barakah:

### **5. Be grateful to Allah**

Be grateful to Him( Allah), and He will surely increase you...

That is what Allah promised in the Qur-ān, and He certainly does not fail in His promises.

Allah The Most High said:

“If you are grateful, I will certainly  
give you more.”

[ Surah Ibrâhîm: 7]

Here is the sixth way to attain

Barakah:

## **6. Asking Allah تعالى و سبحانه for Barakah**

Allah تعالى و سبحانه :said

“ When My servants ask you (...Oh Prophet) about Me: I am truly near. I respond to one’s prayer when they call upon Me.”

[Surah Al-Baqarah: 186]

سبحانه و said: سبحانه و تعالى And Allah

“ Call upon Me, I will respond to  
you.”

[Surah Ghâfir: 60]

Anas's mother, Umm Sulaim (may Allaah be pleased with her), said to the Prophet (صلى الله عليه وسلم) ;

“ Anas is your servant, so supplicate for him”

The Prophet صلى الله عليه وسلم said:

“ Oh Allah, increase his wealth and offspring, and bless (for him) whatever you give him”



Anas radhiyallahu 'anhu later said:

“ By Allah, my fortune is huge and my children and grandchildren are now more than one hundred.”

[Reported by Bukhari & Muslim]

Allah is The Most Generous.

He is so Generous that He will never leave you empty-handed when you call upon Him.

Even if you don't get your wishes answered(...straight away), you never walk away empty-handed.

The Prophet صلى الله عليه وسلم said:

“ If a Muslim makes a supplication ( containing nothing which is sinful nor that which involves breaking ties of relationship), Allah will give them one of three things:

1. He will grant him his wish in this world

2. Store it for him in the Hereafter, or

3. Turn away from him an equivalent amount of evil.”

Those who heard this said they would increase in making supplications

So the Prophet صلى الله عليه وسلم replied:

“Allah is more (i.e. He is more ready to answer than they are to ask).”

[Graded 'Sahih' by Sheikh Albani in  
his checking of 'Adabul Mufrad']

Here is the seventh way to attain  
Barakah:

**7. Wake up early and stay  
productive during the early part  
of the day**

The Prophet صلى الله عليه وسلم said:

“Oh Allah, bless my Ummah in their early mornings.”

When he صلى الله عليه وسلم sent out a detachment( or an army), he sent them at the beginning of the day.

Sakhr ibn Wadaa'ah Al-Ghamidi ( the Companion who narrated this hadeeth) was a merchant, and he would send off his merchandise at the beginning of the day; and he became rich and had much wealth.”

[Reported by Tirmidhi and others]

BENEFIT:

Abu 'Eesa At-Tirmidhi( Rahimahullah)  
said:

“The Hadith of Sakhr Al-Ghamidi is a  
Hasan Hadith. We do not know of a  
narration that Sakhr Al-Ghamidi

reported from the Prophet ( صلى الله  
other than this Hadith.” عليه وسلم

Here is the eighth way to attain  
Barakah:

## **8. Getting married**

says: سبحانه و تعالى Allah



“Marry off the single among you and those of your male and female slaves who are fit [ for marriage]. If they are poor, Allah will enrich them from His bounty: Allah’s bounty is infinite(...endless) and He is all knowing”

[Surah An-Nûr: 32]

Ibn 'Abbas radhiyallahu 'anhu  
commented:

“Allah encouraged with marrying  
(the Muslims off), and He directed  
this command to the free men, as  
well as the slaves, and promised to  
enrich them on the basis of that.”

[At-Tabari 17/275]

Similarly, the Prophet صلى الله عليه وسلم said:

“There are three for whom it is a right upon Allah to help:

1. The Mujahid who fights in the cause of Allah.

2. The Mukaatab (the slave) who wants to buy his freedom

3. And the one who gets married seeking to keep himself chaste.”

[Reported by Tirmithi, graded 'Hasan' by Sheikh Albani in Saheeh Tirmithi]

Here is the ninth way to attain  
Barakah:

### **9. Honesty in Trade**

Lying, cheating and false oaths are  
not a profitable business

The Prophet صلى الله عليه وسلم said:

“Both parties in a business transaction have a right to annul it, so long as they have not separated;

and if they spoke the truth, and made clear the defects of the goods, then they would be blessed in their transaction,

but if they conceal and lie (some facts), their transaction will be deprived of blessing”

[ Bukhaari & Muslim]

Here is the tenth way( and more) to  
attain Barakah:

## **10. Eating together**

"Eat together and mention the Name of Allah over your food. It will be blessed for you"

[ Reported by Abu Dawud & Ibn Majah, graded 'Hasan' by Sheikh Albani].

## **11. Fear of Allah( Taqwa)**

... Allah The Almighty says in the Qur-ān:



“If the people of the towns had believed and had Taqwa of Allah, We would have showered them with blessings from the heavens and earth, but they rejected the truth and so We punished them for their misdeeds”

[Surah Al-A-râf: 96]

## **12. Follow the Sunnah of Rasoolullah صلى الله عليه وسلم**

Ibn 'Abdil Barr rahimahullah said:

“All blessings and goodness lie in following the etiquette of Rasuulullah and obeying his command “ صلى الله عليه وسلم.”

[ At-Tamheed (18/ 182)]

May Allah guide us all Ameen

All praises be to Allah and  
salutations and peace be upon the  
Prophet Muhammad, His Family, His  
Companions and all those that follow  
him until the day of Judgement

# **Bonus Chapter**

## **How to attain Clarity**

### **Bismillahirrahmaanirraheem**

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Merciful, The Especially Merciful

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To proceed

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To proceed

Quick fix: short term solution

Take 5-HTP every now and again

Caution: Don't overdose and don't take too frequently to avoid adverse effects

Note: It is better for purity of body and mind to take the vegan alternative

Or if you are really a travelling health seeker or prolific health researching activist, get your hands

on the actual fresh, organic *griffonia simplicifolia*; learn how to make effective/ safe use of it, before you proceed to far.

And even further to that, plant it yourself and grow it

Long term: Permenant solution

Sequence of Steps one can take:



1. Ask your Creator( Allah for guidance)

2. Learn about your Creator( Allah) from the authentic Islamic sources: i.e. The Quran, authentic narrations of the Prophet( Peace be upon him), according to the understanding of the Companions( May Allah be pleased with them) of the Prophet( Peace be upon him)

3. Submit to your Creator Allah completely( as His completely submitting, thankful and worshipping slave);

a. In His Lordship

b. In Worship of Him alone( not associating any partners at all with him in any shape or form), in the manner that He legislated( in His speech- the Quran, and on the

tongue of His Messenger- peace be upon Him- who only spoke by revelation)

c. In His Names and attributes

4. Take ablution( ritual cleansing wash performed before prayer)

5. Learn all the issues concerning the Salah( it's jurisprudence/

understanding)- i.e. it's conditions, prerequisites, it's inner dimensions, the meanings of all that is said in the salah etc etc

6. Be sincere and always ask Allah for sincerity

7. Pray a prayer, having no concern but Allah, and no concern for anything else nor what is outside the prayer. A prayer where you don't

intend to come out of it until your Rabb is pleased with you and you meet him; with all humbleness and submissiveness

8. In that state, stay in the prayer for as long as you need to, imploring your Rabb for guidance, help, support and all goodness of this world and the hereafter, especially during prostration(sujood)- keeping

to the guidance of the  
Prophet( Muhammad- Peace be upon  
him)

9. Don't leave the presence of your  
Rabb until you have attained the  
khair( good) of what you were  
seeking- by His permission

10. Wa allahu A'lam/ And Allah  
knows best

May Allah guide us all Ameen

All praises be to Allah and  
salutations and peace be upon the  
Prophet Muhammad, His Family, His  
Companions and all those that follow  
him until the day of Judgement

**Du'a**

**Seeking Allah's Aid**



Oh my Lord( Allah), assist me and do not assist (enemies) against me, help me and do not help (enemies) against me, plot (against others) in my favour, and do not allow others to plot against me. Guide me and make guidance easy for me. Assist me against those who transgress against me.

Oh Lord( Allah), make me grateful to You, make me one who

remembers You, make me one who fears You, make me one who obeys You, as one who is conscious of You, remorseful and repentant.

Oh Lord( Allah), accept my repentance, cleanse me of my errors, accept my invocations, establish my evidences. Guide my heart, set straight my tongue, and remove any malice from my heart

*Jami` at-Tirmidhi 3551 narrated  
by Ibn Abbas*

Oh Allah, we ask You for the  
goodness of which your Prophet  
ﷺ had asked  
You.

We also seek refuge in You from the  
evils which Your Prophet ﷺ

عَلَيْهِ وَآلِهِ وَسَلَّمَ had sought Your  
refuge from.

You are the Supporter ( The One  
Whose help is sought) and to You do  
all ordinances rest. There is no might  
nor power except You.

*Riyadh as-Saalihin 1492 hadeeth*  
*narrated by Abu Umaamah رَضِيَ*  
*لِلَّهِ عَنْهُ* □

## **Supplicating for goodness**

Oh Allah: I ask You ( for the grant of)  
righteous deeds, shunning of evil,  
and love for the poor.

Forgive me and be merciful to me.  
When you wish trial for a group of  
people, ( take me) unaffected.

## FINAL WORD

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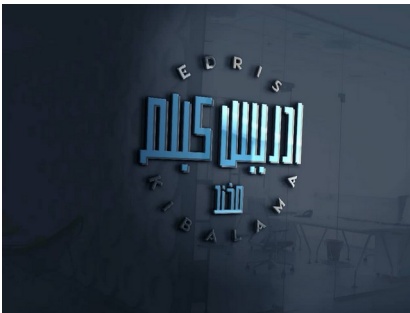
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May Allah guide us all Ameen

# Edris Kibalama

Slave of Allah

***"That little seed of hope that will  
never give up hope of life until the  
luscious fruit tree it's meant to be will  
be- in Shaa Allah/By the will of Allah"***



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upon you](#)